



SAFETY TIP OF THE WEEK

FOR THE CONSTRUCTION INDUSTRY



Company _____ Date _____

To encourage all of us to promote safety on a continuing basis, the Builders Exchange publishes a safety tip in each issue of the weekly Bulletin.
The superintendent/foreman of each job should use this safety tip in a short safety meeting Monday morning.
We suggest that this 5-to-10 minute meeting be just before lunch or perhaps right after the morning break.
You can then emphasize the SAFETY TIP OF THE WEEK all week long.

Holiday Safety – 15 Tips

Week Ending 12/26/2025

The holidays are here, and while decorations, travel and meals together bring joy, they also come with risks. Vacationers crowd icy roads, cooks multitask in the kitchen, and, according to the National Fire Protection Association, holiday decorations cause nearly 1,000 house fires in the U.S. each year. A little planning now will give you and your loved ones the gift of safety.

Follow these 15 tips to make the holidays safe and fun for everyone you gather.

Decorate Safely

1. Keep candles at least a foot away from anything that can burn. Make sure they're stable, and somewhere kids, pets or you won't knock them over.
 - o For extra safety, use flameless candles – you can find ones that flicker and smell like real candles.
2. Check lights before you hang them. If you find frayed wires or loose bulb connections, throw the string away. Read the manufacturer's instructions for the number of strings you can safely connect.
3. Turn off all lights – electric or flame – when you leave the house or go to bed.
4. Place your Christmas tree out of the way of exits, and at least 3 feet away from heat sources like radiators, candles or vents.
5. Water your tree every day – a dry tree can burn hot and fast.

Travel Smart

6. Check the weather. Make sure you have enough layers and see whether you should plan for wintry roads along the way.

7. Prepare your car. Check the lights, tires, oil, windshield wiper fluid and antifreeze levels, stock your emergency car kit and pack winter supplies like ice scrapers and tire chains.
8. Drive safely. Increase your following distance to give yourself time to stop on slick roads, and don't crowd snowplows.
9. Keep your gas at least half full to stop the fuel line from freezing.
10. If conditions are bad, wait to travel.

Cook With Care

11. Turn pot handles toward the back of the stove so no one bumps them.
12. Watch what you're cooking. If you leave the kitchen, turn the stove off. If you see smoke or grease boiling, turn the burner off.
13. Keep a lid or baking sheet near the stove. If a pan catches fire, cover it with your lid, turn the burner off and leave it until it's completely cooled.
 - o Don't throw water on a grease fire: it'll splash and spread the flames.
14. If your oven catches fire, turn it off and keep the door closed.
15. If a fire won't go out or you don't feel comfortable approaching it, lead everyone outside and call 9-1-1.

However you celebrate this holiday season, think about safety. Visit [ready.gov/winter-ready](https://www.ready.gov/winter-ready) for more ways you can help yourself, your friends and family close 2025 on a bright note.

Special Topics for this Job: _____

MSDS # _____ Reviewed – Title: _____

Present at Meeting:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Supervisor's Signature: _____

Note: These SAFETY TIPS OF THE WEEK are to help members provide a safe workplace and to instruct employees in ways to prevent accidents. Ensure you record the names of those who attend your safety meetings and file this form with your permanent accident prevention records.



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Seguridad en las fiestas – 15 consejos

Week Ending 12/26/2025

Las fiestas ya están aquí, y aunque la decoración, los viajes y las comidas juntos traen alegría, también conllevan riesgos. Los veraneantes se agolpan en carreteras heladas, los cocineros hacen varias cosas a la vez en la cocina y, según la Asociación Nacional de Protección contra Incendios, las decoraciones navideñas provocan casi 1.000 incendios domésticos en Estados Unidos cada año. Un poco de planificación ahora os dará a ti y a tus seres queridos el regalo de la seguridad.

Sigue estos 15 consejos para que las fiestas sean seguras y divertidas para todos los que te reúnas.

Decora con seguridad

1. Mantén las velas al menos a un pie de distancia de cualquier cosa que pueda arder. Asegúrate de que estén estables y en algún lugar donde los niños, las mascotas o tú no los derribes.
 - Para mayor seguridad, usa velas sin llama: hay algunas que parpadean y huelen a velas reales.
2. Comprueba las luces antes de colgarlas. Si encuentras cables deshilachados o conexiones de bombilla flojas, tira la cuerda. Lee las instrucciones del fabricante para saber el número de cuerdas que puedes conectar con seguridad.
3. Apaga todas las luces – eléctricas o de llama – cuando salgas de casa o te vayas a la cama.
4. Coloca tu árbol de Navidad fuera del alcance de las salidas y al menos a un metro de fuentes de calor como radiadores, velas o ventilaciones.
5. Riega tu árbol todos los días: un árbol seco puede arder rápido y caliente.

Viaja con inteligencia

6. Mira el tiempo. Asegúrate de tener suficientes capas y decide si deberías planificar carreteras invernales por el camino.

7. Prepara tu coche. Revisa las luces, neumáticos, aceite, líquido limpiaparabrisas y niveles de anticongelante, almacena tu kit de emergencia y lleva suministros de invierno como rascahielos y cadenas para neumáticos.
8. Conduce con cuidado. Aumenta la distancia de seguimiento para tener tiempo de detenerte en carreteras resbaladizas y no abarrotas las quitanieves.
9. Mantén la gasolina al menos a la mitad para evitar que la línea de combustible se congele.
10. Si las condiciones son malas, espera para viajar.

Cocina con cuidado

11. Gira los mangos de las ollas hacia la parte trasera de la cocina para que nadie los golpee.
12. Cuidado con lo que cocinas. Si sales de la cocina, apaga la cocina. Si ves humo o grasa hirviendo, apaga el fuego.
13. Mantén una tapa o bandeja cerca de la cocina. Si una sartén se incendia, cúbreala con la tapa, apaga el fuego y déjala hasta que esté completamente fría.
 - No eches agua sobre un incendio de grasa: salpicará y propagará las llamas.
14. Si tu horno se incendia, apágalo y mantén la puerta cerrada.
15. Si un fuego no se apaga o no te sientes cómodo acercándote, lleva a todos fuera y llama al 9-1-1.

Sea como sea que celebres esta temporada navideña, piensa en la seguridad. Visita [ready.gov/winter-ready](https://www.ready.gov/winter-ready) para más formas de ayudarte a ti, a tus amigos y familia a cerrar 2025 con buena pieza.

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